

CATEGORY K: ALERTNESS OR SLEEP DISORDERS

PRIVATE

Profile Level	CIRCUMSTANCES	Medical Report Required	Interval for Review	License Class & Restrictions
1	No past history or problem with alertness, excessive daytime sleepiness in the past two years. ESS score under 6	No	N/A	Private vehicles
2	Problems of alertness or excessive daytime sleepiness (ESS score between 7 to 9) with good response to self-management	Yes	2 years ^a	Private vehicles
3	Mild-to-moderate problems of alertness or excessive daytime sleepiness (ESS score between 10 to 12) with good response to professional management	Yes	1 year ^a	Private vehicles
4	Moderate problems of alertness or excessive daytime sleepiness (ESS score between 13 to 15) symptoms related to time of day	Yes	6 months ^a	Private vehicles Time of day limitation
5	Moderate problems of alertness or hypersomnia (ESS score between 13 to 15) with symptoms related to time and circumstances	Yes	6 months ^a	Private vehicles Speed, area, and time of day restrictions, or as recommended by health care professional
6	N/A	N/A	N/A	N/A
7	Severe inattentiveness, hypersomnia (ESS score > 15), or under evaluation	Yes	6 months ^a	No driving unless major change in clinical circumstances. Must have documented improvement using objective tests
8	Severe inattentiveness or hypersomnia (ESS score > 15) Therapy not tried or unsuccessful	Yes	N/A	No driving

- a. Longer or shorter as recommended by health care professional